

Rank	Competitor	Age	Club	RT	PTS	Result
1	 Grace Brooking	16				19:21.10 Entry: 19:32.31 -11.21
	25m:	50m: 34.39 (34.39)	75m:	100m: 1:13.32 (1:13.32)		
	125m:	150m: 1:52.72 (1:52.72)	175m:	200m: 2:31.69 (2:31.69)		
	225m:	250m: 3:10.81 (3:10.81)	275m:	300m: 3:50.26 (3:50.26)		
	325m:	350m: 4:29.47 (4:29.47)	375m:	400m: 5:08.47 (5:08.47)		
	425m:	450m: 5:46.62 (5:46.62)	475m:	500m: 6:24.77 (6:24.77)		
	525m:	550m: 7:03.91 (7:03.91)	575m:	600m: 7:43.52 (7:43.52)		
	625m:	650m: 8:21.71 (8:21.71)	675m:	700m: 9:00.77 (9:00.77)		
	725m:	750m: 9:39.42 (9:39.42)	775m:	800m: 10:18.69 (10:18.69)		
	825m:	850m: 10:58.40 (10:58.40)	875m:	900m: 11:37.54 (11:37.54)		
	925m:	950m: 12:16.28 (12:16.28)	975m:	1000m: 12:55.36 (12:55.36)		
	1025m:	1050m: 13:35.52 (13:35.52)	1075m:	1100m: 14:14.37 (14:14.37)		
	1125m:	1150m: 14:53.15 (14:53.15)	1175m:	1200m: 15:31.87 (15:31.87)		
	1225m:	1250m: 16:10.67 (16:10.67)	1275m:	1300m: 16:49.80 (16:49.80)		
	1325m:	1350m: 17:28.74 (17:28.74)	1375m:	1400m: 18:07.37 (18:07.37)		
	1425m:	1450m: 18:45.65 (18:45.65)	1475m:	1500m: 19:21.10 (19:21.10)		

2	 Nia Linyard	15				19:35.04 Entry: 19:32.41 +2.63
	25m:	50m: 35.09 (35.09)	75m:	100m: 1:13.38 (1:13.38)		
	125m:	150m: 1:52.41 (1:52.41)	175m:	200m: 2:31.76 (2:31.76)		
	225m:	250m: 3:11.00 (3:11.00)	275m:	300m: 3:50.25 (3:50.25)		
	325m:	350m: 4:29.37 (4:29.37)	375m:	400m: 5:08.39 (5:08.39)		
	425m:	450m: 5:47.86 (5:47.86)	475m:	500m: 6:27.16 (6:27.16)		
	525m:	550m: 7:06.75 (7:06.75)	575m:	600m: 7:46.55 (7:46.55)		
	625m:	650m: 8:26.20 (8:26.20)	675m:	700m: 9:05.84 (9:05.84)		
	725m:	750m: 9:45.28 (9:45.28)	775m:	800m: 10:25.11 (10:25.11)		
	825m:	850m: 11:04.51 (11:04.51)	875m:	900m: 11:44.11 (11:44.11)		
	925m:	950m: 12:23.36 (12:23.36)	975m:	1000m: 13:03.23 (13:03.23)		
	1025m:	1050m: 13:42.94 (13:42.94)	1075m:	1100m: 14:22.47 (14:22.47)		
	1125m:	1150m: 15:02.01 (15:02.01)	1175m:	1200m: 15:41.59 (15:41.59)		
	1225m:	1250m: 16:21.18 (16:21.18)	1275m:	1300m: 17:00.71 (17:00.71)		
	1325m:	1350m: 17:39.97 (17:39.97)	1375m:	1400m: 18:19.45 (18:19.45)		
	1425m:	1450m: 18:58.04 (18:58.04)	1475m:	1500m: 19:35.04 (19:35.04)		

3

 Brynn Sugar

14



19:40.33

Entry: 20:04.91 -24.58

25m:	50m: 6:33.58 (6:33.58)	75m:	100m:
125m:	150m:	175m:	200m:
225m:	250m:	275m:	300m:
325m:	350m:	375m:	400m:
425m:	450m:	475m:	500m:
525m:	550m:	575m:	600m:
625m:	650m:	675m:	700m:
725m:	750m: 9:14.02 (9:14.02)	775m:	800m:
825m:	850m:	875m:	900m: 11:13.71 (11:13.71)
925m:	950m:	975m:	1000m:
1025m:	1050m:	1075m:	1100m: 14:35.60 (14:35.60)
1125m:	1150m:	1175m:	1200m:
1225m:	1250m:	1275m:	1300m:
1325m:	1350m: 17:48.52 (17:48.52)	1375m:	1400m:
1425m:	1450m:	1475m:	1500m: 19:40.33 (19:40.33)

4

 Cadence Gilmo

16

19:51.21

Entry: 19:33.98 +17.23

25m:	50m: 35.15 (35.15)	75m:	100m: 1:13.40 (1:13.40)
125m:	150m: 1:52.42 (1:52.42)	175m:	200m: 2:31.38 (2:31.38)
225m:	250m: 3:10.76 (3:10.76)	275m:	300m: 3:49.92 (3:49.92)
325m:	350m: 4:29.27 (4:29.27)	375m:	400m: 5:08.48 (5:08.48)
425m:	450m: 5:47.20 (5:47.20)	475m:	500m: 6:26.79 (6:26.79)
525m:	550m: 7:06.02 (7:06.02)	575m:	600m: 7:45.94 (7:45.94)
625m:	650m: 8:26.27 (8:26.27)	675m:	700m: 9:06.31 (9:06.31)
725m:	750m: 9:46.58 (9:46.58)	775m:	800m: 11:07.62 (11:07.62)
825m:	850m: 11:48.28 (11:48.28)	875m:	900m: 12:29.03 (12:29.03)
925m:	950m: 13:09.42 (13:09.42)	975m:	1000m: 14:31.62 (14:31.62)
1025m:	1050m: 15:11.76 (15:11.76)	1075m:	1100m: 16:33.27 (16:33.27)
1125m:	1150m: 17:13.14 (17:13.14)	1175m:	1200m: 17:53.56 (17:53.56)
1225m:	1250m: 18:33.18 (18:33.18)	1275m:	1300m:
1325m:	1350m:	1375m:	1400m: 19:12.64 (19:12.64)
1425m:	1450m:	1475m:	1500m: 19:51.21 (19:51.21)

5

 Billie Druett

15

19:56.61

Entry: 20:06.70 -10.09

25m:	50m: 35.13 (35.13)	75m:	100m: 1:13.56 (1:13.56)
125m:	150m: 1:52.90 (1:52.90)	175m:	200m: 2:32.49 (2:32.49)
225m:	250m: 3:12.34 (3:12.34)	275m:	300m: 3:52.33 (3:52.33)
325m:	350m: 4:32.15 (4:32.15)	375m:	400m: 5:12.14 (5:12.14)
425m:	450m: 5:52.47 (5:52.47)	475m:	500m: 6:32.65 (6:32.65)
525m:	550m: 7:12.20 (7:12.20)	575m:	600m: 7:52.65 (7:52.65)
625m:	650m: 8:33.32 (8:33.32)	675m:	700m: 9:13.36 (9:13.36)

725m:	750m: 9:53.62 (9:53.62)	775m:	800m: 10:34.83 (10:34.83)
825m:	850m: 11:14.77 (11:14.77)	875m:	900m: 11:55.02 (11:55.02)
925m:	950m: 12:35.91 (12:35.91)	975m:	1000m: 13:16.49 (13:16.49)
1025m:	1050m: 13:57.08 (13:57.08)	1075m:	1100m: 14:37.28 (14:37.28)
1125m:	1150m: 15:17.24 (15:17.24)	1175m:	1200m: 15:57.48 (15:57.48)
1225m:	1250m: 16:37.87 (16:37.87)	1275m:	1300m: 17:19.01 (17:19.01)
1325m:	1350m: 17:58.45 (17:58.45)	1375m:	1400m: 18:39.57 (18:39.57)
1425m:	1450m: 19:19.45 (19:19.45)	1475m:	1500m: 19:56.61 (19:56.61)

6

 Olivia Calder-Ke

13



20:10.60

Entry: 20:53.97 -43.37

25m:	50m: 34.45 (34.45)	75m:	100m: 1:13.85 (1:13.85)
125m:	150m: 1:53.76 (1:53.76)	175m:	200m: 2:33.42 (2:33.42)
225m:	250m: 3:13.69 (3:13.69)	275m:	300m: 3:53.58 (3:53.58)
325m:	350m: 4:33.88 (4:33.88)	375m:	400m: 5:14.91 (5:14.91)
425m:	450m: 5:56.06 (5:56.06)	475m:	500m: 6:37.71 (6:37.71)
525m:	550m: 7:17.66 (7:17.66)	575m:	600m: 7:58.18 (7:58.18)
625m:	650m: 8:39.08 (8:39.08)	675m:	700m: 9:20.31 (9:20.31)
725m:	750m: 10:00.54 (10:00.54)	775m:	800m: 10:41.17 (10:41.17)
825m:	850m: 11:22.23 (11:22.23)	875m:	900m: 12:03.49 (12:03.49)
925m:	950m: 12:45.15 (12:45.15)	975m:	1000m: 13:26.17 (13:26.17)
1025m:	1050m: 14:08.26 (14:08.26)	1075m:	1100m: 14:49.34 (14:49.34)
1125m:	1150m: 15:30.52 (15:30.52)	1175m:	1200m: 16:11.04 (16:11.04)
1225m:	1250m: 16:51.70 (16:51.70)	1275m:	1300m: 17:32.39 (17:32.39)
1325m:	1350m: 18:12.56 (18:12.56)	1375m:	1400m: 18:53.41 (18:53.41)
1425m:	1450m: 19:33.12 (19:33.12)	1475m:	1500m: 20:10.60 (20:10.60)

7

 Josie Herbert

14



20:21.40

Entry: 20:12.14 +9.26

25m:	50m: 36.88 (36.88)	75m:	100m: 1:16.90 (1:16.90)
125m:	150m: 1:58.11 (1:58.11)	175m:	200m: 2:39.20 (2:39.20)
225m:	250m: 3:19.59 (3:19.59)	275m:	300m: 4:00.27 (4:00.27)
325m:	350m: 4:41.49 (4:41.49)	375m:	400m: 5:22.14 (5:22.14)
425m:	450m: 6:02.72 (6:02.72)	475m:	500m: 6:43.49 (6:43.49)
525m:	550m: 7:24.39 (7:24.39)	575m:	600m: 8:05.24 (8:05.24)
625m:	650m: 8:46.19 (8:46.19)	675m:	700m: 9:26.74 (9:26.74)
725m:	750m: 10:07.30 (10:07.30)	775m:	800m: 10:47.94 (10:47.94)
825m:	850m: 11:28.64 (11:28.64)	875m:	900m: 12:09.80 (12:09.80)
925m:	950m: 12:51.83 (12:51.83)	975m:	1000m: 13:33.52 (13:33.52)
1025m:	1050m: 14:15.33 (14:15.33)	1075m:	1100m: 14:56.78 (14:56.78)
1125m:	1150m: 15:37.50 (15:37.50)	1175m:	1200m: 16:19.04 (16:19.04)
1225m:	1250m: 16:59.69	1275m:	1300m: 17:40.51

1325m:	1350m: 18:21.41 (16:59.69) (18:21.41)	1375m:	1400m: 19:02.42 (17:40.51) (19:02.42)
1425m:	1450m: 19:42.49 (19:42.49)	1475m:	1500m: 20:21.40 (20:21.40)

8

 Gemma Ioane

13



20:23.26

Entry: 21:05.09 -41.83

25m:	50m: 34.94 (34.94)	75m:	100m: 1:14.22 (1:14.22)
125m:	150m: 1:54.38 (1:54.38)	175m:	200m: 2:34.74 (2:34.74)
225m:	250m: 3:15.89 (3:15.89)	275m:	300m: 3:57.38 (3:57.38)
325m:	350m: 4:38.95 (4:38.95)	375m:	400m: 5:20.68 (5:20.68)
425m:	450m: 6:02.00 (6:02.00)	475m:	500m: 6:43.81 (6:43.81)
525m:	550m: 7:25.31 (7:25.31)	575m:	600m: 8:06.79 (8:06.79)
625m:	650m: 8:48.59 (8:48.59)	675m:	700m: 9:30.48 (9:30.48)
725m:	750m: 10:11.86 (10:11.86)	775m:	800m: 10:53.32 (10:53.32)
825m:	850m: 11:34.15 (11:34.15)	875m:	900m: 12:16.05 (12:16.05)
925m:	950m: 12:57.46 (12:57.46)	975m:	1000m: 13:37.76 (13:37.76)
1025m:	1050m: 14:18.29 (14:18.29)	1075m:	1100m: 14:59.68 (14:59.68)
1125m:	1150m: 15:40.62 (15:40.62)	1175m:	1200m: 16:21.80 (16:21.80)
1225m:	1250m: 17:03.00 (17:03.00)	1275m:	1300m: 17:44.12 (17:44.12)
1325m:	1350m: 18:25.37 (18:25.37)	1375m:	1400m: 19:05.55 (19:05.55)
1425m:	1450m: 19:46.04 (19:46.04)	1475m:	1500m: 20:23.26 (20:23.26)

9

 Elise Gardyne

13



20:47.72

Entry: 21:04.30 -16.58

25m:	50m: 35.90 (35.90)	75m:	100m: 1:16.30 (1:16.30)
125m:	150m: 1:57.51 (1:57.51)	175m:	200m: 2:39.15 (2:39.15)
225m:	250m: 3:20.08 (3:20.08)	275m:	300m: 4:01.16 (4:01.16)
325m:	350m: 4:42.78 (4:42.78)	375m:	400m: 5:24.18 (5:24.18)
425m:	450m: 6:05.69 (6:05.69)	475m:	500m: 6:47.31 (6:47.31)
525m:	550m: 7:29.04 (7:29.04)	575m:	600m: 8:11.42 (8:11.42)
625m:	650m: 8:53.64 (8:53.64)	675m:	700m: 9:35.50 (9:35.50)
725m:	750m: 10:17.63 (10:17.63)	775m:	800m: 10:59.77 (10:59.77)
825m:	850m: 11:41.78 (11:41.78)	875m:	900m: 12:23.58 (12:23.58)
925m:	950m: 13:06.04 (13:06.04)	975m:	1000m: 13:47.84 (13:47.84)
1025m:	1050m: 14:30.00 (14:30.00)	1075m:	1100m: 15:12.47 (15:12.47)
1125m:	1150m: 15:54.50 (15:54.50)	1175m:	1200m: 16:37.02 (16:37.02)
1225m:	1250m: 17:19.17 (17:19.17)	1275m:	1300m: 18:01.39 (18:01.39)
1325m:	1350m: 18:43.94 (18:43.94)	1375m:	1400m: 19:26.30 (19:26.30)
1425m:	1450m: 20:08.68 (20:08.68)	1475m:	1500m: 20:47.72 (20:47.72)